

# MASSAGE THERAPY

Schedule your appointment today with one of our licensed therapists; available Monday-Friday at the HAWC.

## Swedish Massage

½ Hour \$40      Hour \$60      1½ Hour \$85

Experience relaxation at its best. Slip away while we use long, smooth and gliding strokes with gentle yet firm kneading techniques.

## Deep Tissue Massage

½ Hour \$45      Hour \$70

1½ Hour \$100      2 Hours \$120

Deep, invigorating strokes that concentrate on specific areas of muscle tension and soreness due to strain or overwork.

## Hot Stone Massage

Hour \$80      1½ Hour \$110      2 Hours \$130

Experience a deeper state of relaxation. This treatment uses hot basalt lava stones which glide over tense muscles and gently melt away stress.

## Reflexology Massage

½ Hour \$45      Hour \$70

Zone therapy with pressure point massage to the feet bringing the body back into balance.

## Pregnancy Massage

Hour \$65

This gentle and relaxing massage will reduce stress, increase blood flow and target sore muscle areas associated with pregnancy.

Call to schedule.  
**376-8579**



Add aromatherapy  
to any massage,  
only \$5 more.

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